



Junior Clinics – Session III

Sunday, January 24 – Saturday, March 27, 2010

Register for multiple clinics in Session III and get a 5% discount! This offer applies to an individual attending multiple clinics and to siblings attending clinics.

To help you find the right clinic, we have organized our Junior Clinics into 3 tiers:

Getting Started – Provides the novice player with an introduction to the game

Player Development - These clinics build fundamental tennis skills

Competitive Training - For the player who wants to compete in USTA, team or high school tennis

Each session meets one day per week for eight weeks. We offer classes for most levels at different times, giving you the opportunity to find one that fits your schedule. Ages are meant to be used as a guideline. Our instructors will be able to assist you in placing your child in the appropriate class according to his or her ability, NOT AGE

Refunds will not be given for missed days. One make-up day will be scheduled for players who have missed a day for any reason. This will be the only opportunity for a player to make-up a missed day. A make-up day will be offered if the club closes for some reason, such as inclement weather. The Session III make up day will be held on Wednesday, February 17 from 4-6:30pm.

NOTE:

All players over the age of 8 who attend multiple sessions must be a [junior member](#) of All Seasons Tennis Club to participate. Nonmembers may attend only one session. The difference in price for a nonmember attending a session will not be applied to the cost of a junior membership if the player signs up for a membership after the start of the session.

GETTING STARTED

Quick Start (Ages 3-5)

This unique program will teach your child to play tennis on a smaller version of a regulation court with a smaller net and racquets and larger tennis balls to make playing tennis fun and easy.

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Rate
Tuesday	1:00 – 2:00pm	1/26	3/23	2/16	\$100
Thursday	1:00 – 2:00pm	1/28	3/25	2/18	\$100

Little Stars (Ages 5-6)

This class is designed for younger players (beginners). Participants are introduced to stroke basics while hand-eye coordination is developed. Clinics are held:

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Rate
Monday	3:30 – 4:30pm	1/25	3/22	2/15	\$224
Tuesday	2:30 – 3:30pm	1/26	3/23	2/16	224
Wednesday	3:30 -4:30pm	1/27	3/24	2/17	\$224
Thursday	2:00 – 3:00pm	1/28	3/25	2/18	\$224
Friday	4:30 – 5:30pm	1/29	3/26	2/19	\$224
Sunday	10 – 11am	1/24	3/21	2/14	\$224
Sunday	11 – 12am	1/24	3/21	2/14	\$224

PLAYER DEVELOPMENT SERIES

Player Development 1 (Ages 6-8)

Participants are introduced to the basic rules of tennis through a games based approach. Stroke production is emphasized and rallying is introduced. Clinics are held on:

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	3:30 – 4:30pm	1/25	3/22	2/15	\$224	\$274
Tuesday	3:30 – 4:30pm	1/26	3/23	2/16	\$224	\$274
Wednesday	3:30 – 4:30pm	1/27	3/24	2/17	\$224	\$274
Thursday	4:00 – 5:00pm	1/28	3/25	2/18	\$224	\$274

Player Development 2 (Ages 9-12)

Players can rally with some success. Participants will continue stroke development and ball control. Tactics and strategies are introduced. Clinics are held on:

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	3:30 - 4:30pm	1/25	3/22	2/15	\$224	\$274
Monday	6-7pm	1/25	3/22	2/15	\$224	\$274
Tuesday	3:30 – 4:30pm	1/26	3/23	2/16	\$224	\$274
Wednesday	3:30 – 4:30pm	1/27	3/24	2/17	\$224	\$274
Thursday	5:00 – 6:00pm	1/28	3/25	2/18	\$224	\$274
Thursday	6:00 – 7:00pm	1/28	3/25	2/18	\$224	\$274
Friday	6:00 – 7:00pm	1/29	3/26	2/19	\$224	\$274
Sunday	11 – 12pm	1/24	3/21	2/14	\$224	\$274

Player Development 3 (Ages 12-15)

This session is for the intermediate player with a basic knowledge of all strokes, court positioning, and is able to rally with good success. Participants will develop game style and strategy. Clinics are held on:

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	6-7pm	1/25	3/22	2/15	\$224	\$274
Tuesday	5:30 – 6:30pm	1/26	3/23	2/16	\$224	\$274
Wednesday	3:30 – 4:30pm	1/27	3/24	2/17	\$224	\$274
Thursday	5:30 – 6:30pm	1/28	3/25	2/18	\$224	\$274
Friday	4:30 – 5:30pm	1/29	3/26	2/19	\$224	\$274
Sunday	12:00 – 1:30pm	1/24	3/21	2/14	\$224	\$274
Sunday	5-6pm	1/24	3/21	2/14	\$224	\$274

Teen Tennis Class (Ages 14-18)

This class is for teenage players who are new or returning to tennis and want to develop their skills. Singles and doubles play is emphasized. Clinics are held on:

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	6-7pm	1/25	3/22	2/15	\$224	\$274
Wednesday	6-7pm	1/27	3/24	2/17	\$224	\$274

COMPETITIVE TRAINING SERIES

Competitive Training 1 (Ages 12-15)

These players aspire to compete in USTA tournaments, teams, and high school tennis. Shot selection, mental toughness and conditioning principles are discussed. Participants are encouraged to play at least one competitive match per week. Clinics are held on:

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	4:30 – 6pm	1/25	3/22	2/15	\$320	\$370
Wednesday	4:30 – 6pm	1/27	3/24	2/17	\$320	\$370
Thursday	3:30 – 5pm	1/28	3/25	2/18	\$320	\$370
Thursday	5-6:30pm	1/28	3/25	2/18	\$320	\$370
Friday	5:30 – 7pm	1/29	3/26	2/19	\$320	\$370
Sunday	12-1:30pm	1/24	3/21	2/14	\$320	\$370

Competitive Training 2 (Ages 13-18)

These players compete in USTA tournaments and high school tennis. Shot selection, doubles strategy, anticipation, mental toughness and conditioning are emphasized. Participants should play at least one competitive match per week.

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	4:30 – 6pm	1/25	3/22	2/15	\$320	\$370
Wednesday	4:30 – 6pm	1/27	3/24	2/17	\$320	\$370
Thursday	3:30 – 5pm	1/28	3/25	2/18	\$320	\$370
Thursday	5 – 6:30pm	1/28	3/25	2/18	\$320	\$370
Friday	5:30 – 7pm	1/29	3/26	2/19	\$320	\$370