



Junior Clinics – Session 3

Sunday, January 15, 2012 – Friday, March 16, 2012

Register for multiple clinics in this session and get a 5% discount! This offer applies to an individual attending multiple clinics and to siblings attending clinics.

ASTC's Junior Clinic Program was revised this year to follow guidelines recently issued by the USTA:

- Red Ball** (Ages 5-8) – Provides the young, novice player with an introduction to the game on a small court.
- Orange Ball** (Ages 8-10) - These clinics build fundamental tennis skills on a mid-sized court.
- Green Ball** (Ages 9-12) – As players develop their skills they move to a full size court.
- Yellow Ball** (Ages 12+) - For the experienced player who wants to compete in USTA, team or high school tennis.

Each session meets one day per week for 8 weeks. Ages are meant to be used as a guideline. Our instructors will be able to assist you in placing your child in the appropriate class according to his or her ability, NOT AGE

NEW!

ASTC feels that practice is important. As participants in the clinic learn new skills they need to practice them. Included in the price of the clinic is one Open Play session per week. Junior players are encouraged to come in and enjoy playing with others of their same level. Open Play sessions are supervised by ASTC staff.

We offer a choice of Open Play Times for each level so you can sign up for the time that best fits your schedule. We must have at least 2 participants signed up for play time to keep that time available.

For those players who want even more practice, you can sign up for a second Open Play time and pay just \$10 for Red, Orange, and Green Sessions or \$15 for a Yellow Ball Session.

We feel it is important to have time to practice the skills you learn in the clinics. However, we understand that sometimes there just isn't enough time for everything. If you do not want to attend any of the Open Play sessions, you can reduce the course price by \$80.00.

Refunds will not be given for missed days. One make-up day will be scheduled for players who have missed a day for any reason. This will be the only opportunity for a player to make-up a missed day. A make-up day will be offered if the club closes for some reason, such as inclement weather.

Session 3 Make-Up Day: Sunday, March 18, 2012

Red Ball	2:00 – 3:00pm	Yellow Ball	
Orange Ball	3:00 – 4:00pm	CT 1	2:00 – 3:30pm
Green Ball	4:00 – 5:00pm	CT 2	3:30 – 5:00pm
Teen Tennis	4:00 – 5:00pm		

NOTE:

All players over the age of 8 who attend multiple sessions must be a [junior member](#) of All Seasons Tennis Club to participate. Nonmembers may attend only one session. The difference in price for a nonmember attending a session will not be applied to the cost of a junior membership if the player signs up for a membership after the start of the session.

RED BALL (Ages 5-8)

This unique program will teach your child to play tennis on a smaller version of a regulation court with a smaller net and racquets and larger tennis balls to make playing tennis fun and easy. Participants are introduced to stroke basics while hand-eye coordination is developed. Clinics are held:

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Rate	Non-Member Rate
Sunday	11:00 – 12pm	1/15	3/11	2/19	\$200	\$250
Friday	4:30 – 5:30pm	1/20	3/16	2/24	\$200	\$250

Open Play Time: **Friday, 5-6pm**

ORANGE BALL (Ages 8-10)

Orange balls are the same size as a standard yellow ball but are lighter and bounce lower. Play is on a mid-size court with a standard net. Junior players work to develop their stroke technique and tactical skills. Clinics are held on:

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Sunday	11:00-12:00pm	1/15	3/11	2/19	\$320	\$370
Monday	6:00-7:00pm	1/16	3/12	2/20	\$320	\$370
Friday	4:30-5:30pm	1/20	3/16	2/24	\$320	\$370

Open Play Time: **Chose Friday: 5-6pm, 6-7pm, or 7-8pm**

GREEN BALL (Ages 9-12)

As junior players grow and develop their skills, they move to a full size court. The green ball is slightly lighter and slower than a yellow ball which gives them more time to get to the ball and work on their shot return skills. Clinics are held on:

DAY OF THE WEEK	TIME	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Sunday	12:00-1:00pm	1/15	3/11	2/19	\$320	\$370
Monday	6:00-7:00pm	1/16	3/12	2/20	\$320	\$370
Tuesday	5:30-6:30pm	1/17	3/13	2/21	\$320	\$370
Tuesday	6:30-7:30pm	1/17	3/13	2/21	\$320	\$370
Thursday	5:00-6:00pm	1/19	3/15	2/23	\$320	\$370
Thursday	6:00-7:00pm	1/19	3/15	2/23	\$320	\$370

Open Play Time: Chose Friday, 6-7pm or Saturday, 5-6pm

YELLOW BALL (Ages 12+)

For the experienced and older juniors, we have three programs designed to further develop their game based on their skill level:

Competitive Training 1 (Ages 12-14)

This clinic is for the intermediate-to-advanced level player who aspires to compete in USTA tournaments and/or join their high school tennis team. The focus is on enhancing strokes and tactics for singles and doubles play. Clinics are held on:

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	4:30-6:00pm	1/16	3/12	2/20	\$440	\$490
Wednesday	4:30-6:00pm	1/18	3/14	2/22	\$440	\$490
Thursday	3:30-5:00pm	1/19	3/15	2/23	\$440	\$490
Thursday	5:00-6:30pm	1/19	3/15	2/23	\$440	\$490
Friday	5:30-7:00pm	1/20	3/16	2/24	\$440	\$490

Open Play Time: Chose Saturday, 5-6:30pm or Sunday, 5-6:30pm

Competitive Training 2 (Ages 13-18)

These players compete in USTA tournaments and high school tennis. Shot selection, doubles strategy, anticipation, mental toughness and conditioning are emphasized. Clinics are held on:

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Monday	4:30-6:00pm	1/16	3/12	2/20	\$440	\$490
Wednesday	4:30-6:00pm	1/18	3/14	2/22	\$440	\$490
Thursday	3:30-5:00pm	1/19	3/15	2/23	\$440	\$490
Thursday	5:00-6:30pm	1/19	3/15	2/23	\$440	\$490
Friday	5:30-7:00pm	1/20	3/16	2/24	\$440	\$490

Open Play Time: Chose Saturday, 5-6:30pm or Sunday, 5-6:30pm

Teen Tennis Class (Ages 14-18)

This class is for teenage players who are new or returning to tennis and want to develop their skills. Singles and doubles play is emphasized. Clinics are held on:

DAY OF THE WEEK	Time	Start Date	End Date	Days Off	Member Rate	Non-Member Rate
Tuesday	5:30-6:30pm	1/17	3/13	2/21	\$320	\$370
Wednesday	6:00-7:00pm	1/18	3/14	2/22	\$320	\$370

Open Play Time: Chose Friday, 7-8pm or Saturday, 5-6pm